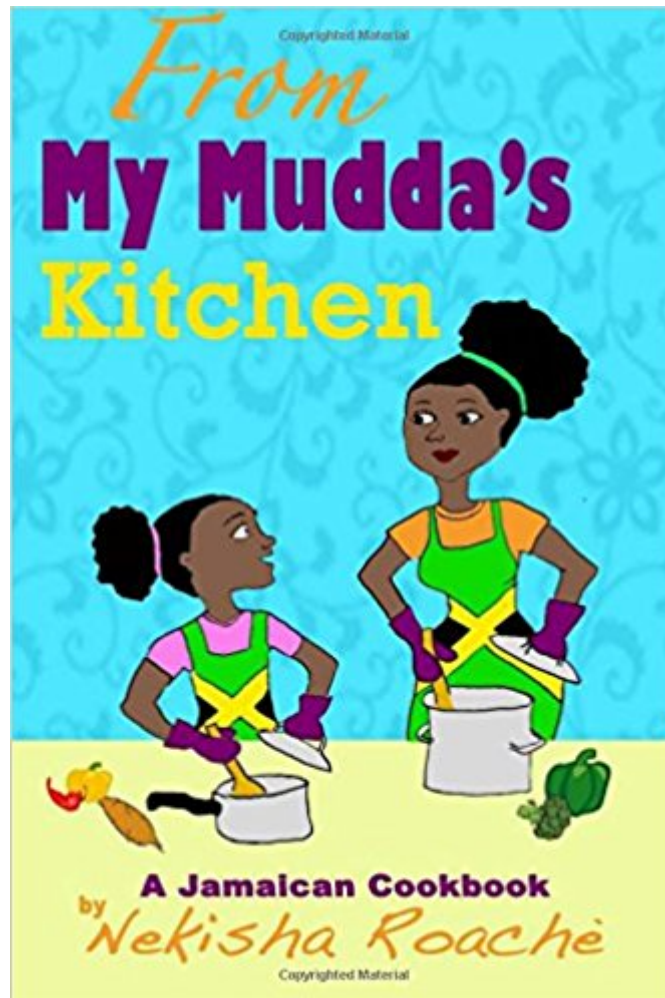




The book was found

From My Mudda's Kitchen: A Jamaican Cookbook



Synopsis

This is a dynamic Jamaican cookbook cataloging some of the most delicious, authentic Jamaican recipes. Each page of this book outlines a different Jamaican recipe, which you can pair together for a mouth-watering meal to share with your family and friends!

Book Information

Paperback: 72 pages

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Average Customer Review: 4.8 out of 5 stars 14 customer reviews

Best Sellers Rank: #1,203,245 in Books (See Top 100 in Books) #31 in [Books > Travel > Caribbean > Jamaica](#) #596 in [Books > Travel > Caribbean > General](#)

Customer Reviews

A culinary enthusiast, entrepreneur and full-time working mom, Nekisha Roach is owner of ISHA Global, a premiere Event Planning and Management Firm. She is quite passionate about preserving her authentic Jamaican heritage, a legacy she hopes to pass on to her own children. Born in New York City and raised in Maryland by a single, Jamaican mother of two, good food always brought Nekisha's family together at the dinner table. Eager to unburden her mother of overwhelming responsibilities, Nekisha learned at an early age to prepare traditional Jamaican recipes from her mother and great-great-grandmother and would prepare wholesome dinners for the entire family. Nekisha continues to share these great dishes with her children and hopes that they will one day do the same with their own families. Nekisha resides in Maryland with her three children.

Great authentic recipes, Just wish the book had color images.

I love this book. The recipes are great and I love how the author tells a little back story about her own Jamaican experiences. I made a few of the recipes with a friend who was born in Jamaica and he loved them too, reminded him of home he said.

I was looking to make rice and peas for the first time and needed a recipe. Bought this book on a whim and thankfully, it came out great. My girlfriend said it reminded her of her grandma's rice and peas. Real easy to follow directions and now can't wait to try some of the other recipes.

I loved this cookbook! Easy to follow recipes and the finished product is fantastic! My favorites are the brown stew chicken, curry shrimp and the ackee and saltfish. I also love the author sharing her personal story with us and the tribute to her mother. I plan to buy a few copies as birthday gifts to hand out to friends so they too can "visit" Jamaica whenever they feel like it!

Easy to use recipes. Can't wait to make my first dish.

love it

Love the cookbook!!!! Easy to follow recipes and makes me feel like I'm back at home.

this was a gift

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